

# HUF GYM

VIRTUAL SCHEDULE AND HOURS OF OPERATION \*subject to change\*

Sunday 10:00-1:00hrs	Monday 6:00am-7:00am 11:00am-1:30pm/ 6:00pm-8:30pm	Tuesday 6:00am-9:00am/ 4:00pm-8:30pm	Wednesday 11:00am-1:30pm/ 4:00pm-8:30pm	Thursday 6:00am-9:00am/ 6:00pm-8:30pm	Friday 10:00am-1:00pm	Saturday 1 on 1 BY APT
<i>Love the LORD your God with all your heart and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.'</i>  ~Matthew 22: 37-39~	12pm HIT Boxing n Strength		12pm HIT Boxing n Strength			
	7pm Boxing	7pm Boxing	7pm Boxing	7pm Boxing		
		<b>FOLLOW US ON SOCIAL MEDIA</b>  <b>INSTA@HUFGYM</b> <b>FACEBOOK @HUFGYM1</b>				

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